

ACES is a fun six week workshop, designed to equip boys with critical skills to deal with stress and relate well with peers

# A C E S

## Achieving Confidence Encouraging Success



**WHO:** Boys, Grades 4th-5th

**WHAT:** Boys' group focused on building skills to help boost self-confidence and prepare boys to deal with the stress associated with this age

**WHEN:** Monday's  
April 12th - May 17th  
Group option #1 5-6:30pm or  
Group option #2 7-8:30pm

**WHERE:** 1601 Bond Street, Suite 309  
Naperville, IL 60563  
(1 block East of Rt. 59 and Diehl)

**COST:**  
*Early Bird Rate* - \$99 if registered by 4/1  
*Regular Rate* - \$119 if registered after 4/1

### TOPICS COVERED

- \* Assertiveness, communication, resisting peer pressure
- \* Building self-esteem
- \* Conflict resolution, relational and physical aggression between boys
- \* Fitting-in and building social relationships with confidence

*NCO therapists will lead the groups and there will be professional guest speakers presenting on many of the above mentioned topics.*

Pre-registration is required, and space is limited.

Register online at [www.ncoyouth.org](http://www.ncoyouth.org) or please contact Jennifer Waitkus at 630-961-2992 x 407 or email [jwaitkus@ncoyouth.org](mailto:jwaitkus@ncoyouth.org)

\*Financial assistance available upon approval

